

# HIDING YOUR TEARS?

DOES YOUR PARTNER TELL YOU WHAT TO WEAR?  
DOES YOUR PARTNER STOP YOU SEEING YOUR FRIENDS?



original design by D. New

DOES YOUR RELATIONSHIP EVER MAKE YOU FEEL...  
confused    ashamed    scared    frightened    blamed    alone

**YOU COULD BE EXPERIENCING DOMESTIC ABUSE**

24hr National Domestic Violence  
Freephone Helpline  
0808 200 0247

National LGBT Domestic Abuse Helpline  
0800 999 5428  
help@galop.org.uk

Supported by  
 Hackney

 Tender  
acting to  
end abuse

- Childline (19 or under) 0800 1111 -